



William Penn Curriculum Map – Physical Education

	Autumn		Spring		Summer	
Cycle A						
Year R	How to?	Who Lives in Fairy Tales?	Who Made these Footprints?	What’s in our Garden?	What Makes a Hero?	How Have we Grown this Year?
Year 1/2	Once Upon a Rhyme	Fire, Fire! (Great Fire of London)	From Arctic to Africa	Pop Art	Postcards from the Past (Victorians)	Make, Move and Perform Puppets
Year 3/4	Raging Rivers	Rocks, Soils and Fossils	The Roman Empire	Volcanoes	Vikings (Life and Legend)	Good Vibrations
Year 5/6	We'll Meet Again (WW2)	Light	Heads Will Roll (Tudors)	Counties of the UK	Ancient Mayan Civilization	Rainforests and Sustainability
Cycle B						
Year R	How to?	Who Lives in Fairy Tales?	Who Made these Footprints?	What’s in our Garden?	What Makes a Hero?	How Have We Grown this Year?
Year 1/2	Who Lives Here?	Maps, Moats and Mighty Castles	Spring has Sprung (Plants)	Wacky Weather	Back in Time for... (Decades)	Down in Jungle
Year 3/4	Ancient Ancestors	Changing State	We’re Sailing Down the Nile (Ancient Egypt)	Opposites Attract (Magnets)	Born in the USA	Plants
Year 5/6	Across the Universe (Space)	Frosty Relations (Cold War)	‘Toil and Trouble’ (Macbeth)	Crime and Punishment	Friends and Heroes (Quakerism and Democracy)	The Final Year

24/09/2020

Early Years Foundation Stage Coverage:

Year R	How to? / Who Lives in Fairy Tales?	Who Made these Footprints? / What's in our Garden?	What Makes a Hero? How Have we Grown this Year?
Outcomes	ELG – (Gross motor skills) Negotiate space and obstacles safely, with consideration for themselves and others Demonstrate strength, balance and co-ordination Move energetically, such as running, jumping, dancing, hopping, skipping and climbing		
EYFS Framework	Netball <i>Introduction to PE Units 1 & 2</i> Netball Pupils will know: - How can we send and receive using a variety of equipment? - How can we effectively drop and catch using our hands? - How do we change direction safely and showing spatial awareness? - What is our own space? Children will be able to: - Explore sending and receiving with hands and feet using a variety of equipment - Explore dropping and catching with two hands - recognise their own space - Explore changing direction Essential vocabulary: Catch, partner, ready, run, target, bounce, ball, kick, points, roll, score, throw, pass <u>Introduction to PE Unit 1</u> Pupils will know: - How can I move safely and sensibly in a space? - How do I develop moving safely and stopping with control? - How can I use equipment safely and responsibly? - How do I use different travelling actions whilst following a path? - How do I work with others co-operatively and play as a group? - How do I follow, copy and lead a partner?	Tennis <i>Fundamentals Units 1 & 2</i> Pupils will know: - How can we hit a ball with our hands? - How to hit a ball by pushing through a bat? - How can we send and track a ball with a partner? - How can we change direction through running and stopping? Children will be able to: - Explore hitting a ball with hands and pushing with a racket? - Explore sending and tracking a ball with a partner - Explore changing direction, running and stopping Essential vocabulary: Catch, points, aim, lose, hit, space, stop, direction, rules, win, throw, score, partner, target <u>Fundamentals Unit 1</u> Pupils will know: - How do I try new challenges? - How do I negotiate space with consideration for myself and others? - How do I follow instructions involving several ideas or actions? - How do I play co-operatively, take turns and encourage others? - How do I play games honestly with consideration of the rules? - How can I use movement skills with	Stoolball <i>Dance Units 1 & 2</i> Pupils will know: - How can we catch a ball with 2 hands? - How can I throw and roll a variety or beanbags and larger balls being mindful of space? - How can I stop a beanbag sent to me by using my hands? - How do I hit a ball with my hands? - Can I run and stop when given instructions to do so? - How do I show awareness of others when moving around? - Can I make simple decisions in response to a situation? Children will be able to: - Drop and catch with two hands - Throw and roll a variety of beanbags and larger balls to space - Stop a beanbag or large ball sent to them using hands - Hit a ball with hands - Run and stop when instructed - Move around showing limited awareness of others - Make simple decisions in response to a situation Essential vocabulary: Space, catch, direction, rules, team, run, score, aim, throw, points, lose, win

	<i>Children will be able to:</i> • Demonstrate balance • Make independent choices • Negotiate space safely with consideration for themselves and others • Follow instructions involving several ideas or actions • Play co-operatively and take turns with others • Use movement skills with developing balance and co-ordination <i>Essential Vocabulary:</i> run, jump, hop, skip, balance, crawl, share, communication, co-operation, leadership, independence, perseverance, confidence <u>Introduction to PE Unit 2</u> <i>Pupils will know:</i> • How can I move safely and sensibly in a space? • How do I develop moving safely and stopping with control? • How can I use equipment safely and responsibly? • How do I use different travelling actions whilst following a path? • How do I work with others co-operatively and play as a group? • How do work co-operatively with a partner? <i>Children will be able to:</i> • Demonstrate balance • Make independent choices • Negotiate space safely with consideration for themselves and others • Follow instructions involving several ideas or actions • Play co-operatively and take turns with others • Use movement skills with developing balance and co-ordination <i>Essential Vocabulary:</i> run, jump, hop, skip, balance, crawl, share, communication, co-operation, leadership, independence, perseverance, confidence	<i>developing balance and co-ordination when playing games?</i> <i>Children will be able to:</i> • Develop balance whilst stationary and on the move • Develop running and stopping • Develop changing direction • Develop jumping and landing • Develop hopping and landing with control • Explore different ways to travel <i>Essential Vocabulary:</i> balance, run, jump, hop, direction, honesty, determination <u>Fundamentals Unit 2</u> <i>Pupils will know:</i> • How do I try new challenges? • How do I negotiate space with consideration for myself and others? • How do I follow instructions involving several ideas or actions? • How do I play co-operatively, take turns and encourage others? • How do I play games honestly with consideration of the rules? • How can I use movement skills with developing balance and co-ordination when playing games? <i>Children will be able to:</i> • Develop balance whilst stationary and on the move • Develop running and stopping • Develop changing direction • Develop jumping and landing • Develop hopping and landing with control • Explore different ways to travel <i>Essential Vocabulary:</i> balance, run, jump, hop, direction, honesty, determination	<u>Dance Unit 1</u> <i>Pupils will know:</i> • How do I perform in front of others? • How do I combine movements fluently? • How do I negotiate space safely for myself and others? • How do I follow instructions involving several ideas or actions? • How do I show respect towards others when providing feedback? • How can I use movement skills with developing strength, balance and co-ordination, showing increasing control and grace? <i>Children will be able to:</i> • Explore different body parts and how they move • Explore different body parts and how they move and remember and repeat actions • Express and communicate ideas through movement exploring directions and levels • Create movements and adapt and perform simple dance patterns • Copy and repeat actions showing confidence and imagination • Move with control and co-ordination, linking, copying and repeating actions <i>Essential Vocabulary:</i> actions, dynamics, space, respect, collaboration, independence, confidence, creativity, exploration, recall, feedback <u>Dance Unit 2</u> <i>Pupils will know:</i> • How do I try new challenges? • How do I negotiate space with consideration for myself and others? • How do I follow instructions involving several ideas or actions? • How do I play co-operatively, take turns and encourage others? • How do I play games honestly with consideration of the rules? • How can I use movement skills with developing balance and co-ordination when playing games?
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			<i>Children will be able to:</i> • <i>Copy, repeat and explore actions in response to a theme</i> • <i>Explore and remember actions considering level, shape and direction</i> • <i>Explore movement using a prop with control and co-ordination</i> • <i>Move with control and co-ordination, expressing ideas through movement</i> • <i>Remember and repeat actions moving in time with the music</i> • <i>Explore actions in response to a theme and begin to use counts</i> <i>Essential Vocabulary:</i> <i>actions, dynamics, space, respect, collaboration, independence, confidence, creativity, exploration, recall, feedback</i>
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Year 1/2 Cycle A	Once Upon a Rhyme / Fire! Fire!	From Artic to Africa / Pop Art	Postcards from the Past / Make, Move and Perform Puppets
Outcomes	Netball <i>Team Building (Y1) & Dance (Y1)</i>	Tennis <i>Net and Wall Games (Y1) & Fitness (Y1)</i>	Stoolball <i>Athletics (Y1) & Striking and Fielding Games (Y1)</i>
National Curriculum P of S	Pupils will know: - How do I reach a target by throwing and rolling? - Can I catch an object with increasing precision when passed to me? - Can I show balance and control when running, stopping and changing direction? - What are the simple tactics in Netball? Children will be able to: - Drop and catch a ball after one bounce on the move - Catch a beanbag and a medium-sized ball - Attempt to track balls and other equipment sent to them - Run, stop and change direction with some balance and control - Recognise space in relation to others - Begin to use simple tactics with guidance Essential vocabulary: Attacker, defender, goal, track, mark, dodge <u>Team Building (Y1)</u> Pupils will know: - How do I communicate simple instructions? - How do I follow instructions? - How do I follow path and lead others? - How do I listen to others' ideas? - How do I suggest ideas to solve tasks? - How do I work with a partner and a small group? - How do I follow the rules of a game? Children will be able to: - Co-operate with a partner to complete challenges - Explore and develop working as a team - Develop talking, listening and sharing skills - Use speaking and listening skills to lead a partner - Plan with a partner and small group to complete challenges - Use talking, listening and sharing skills to complete challenges Essential Vocabulary: run, jump, hit, balance, co-ordination, trust, communication, inclusion, determination, confidence, comprehension, reflection, planning <u>Dance (Y1)</u> Pupils will know: - How do I use counts? - How do I copy, remember and repeat actions? - How do I move confidently and safely? - How do I use different parts of the body in isolation and together? - How do I work with others to share ideas and select actions? - How do I choose appropriate movements for different dance ideas? Children will be able to: - Use counts of 8 to move in line - Explore pathways in their dance - Create their own dance using actions, pathways and counts - Explore speeds and actions - Copy, remember and repeat actions that represent the theme Essential Vocabulary: actions, dynamics, space, relationships, respect, collaboration, communication, empathy, confidence, acceptance, determination, kindness, creativity, feedback	Pupils will know: - Can I develop the skill of hitting a dropped ball over a net? - Can I develop my underarm throw when passing a ball, over a net, to a partner? - How do we underarm rally with a partner, catching after one bounce? - Can I consistently move towards a ball using the ready position? Children will be able to: - Develop hitting a dropped ball over a net - Accurately underarm throw over a net to a partner - Explore underarm rallying with a partner catching after one bounce - Consistently use the ready position to move towards a ball Essential vocabulary: Against, defend, quickly, trap, receive, return <u>Net and Wall Games (Y1)</u> Pupils will know: - How do I hit a ball using a racket? - How do I throw a ball to land over the net and into the court area? - How do I track balls and other equipment sent to me? - How do I use a ready position to move to the ball? - How do I score points? - How do I recognise changes in my body when I exercise? - How do I show honesty and fair play when playing against an opponent? Children will be able to: - Defend space using the ready position - Play against an opponent and keep the score - Explore hitting with a racket - Develop racket and ball skills - Develop sending a ball using a racket - Develop hitting over a net Essential Vocabulary: throw, catch, hit, track, communication, co-operation, perseverance, independence, determination <u>Fitness (Y1)</u> Pupils will know: - How do I recognise changes in my body when I exercise? - How do I share my ideas? - How do I talk about what exercise does to my body? - How do I recognise how exercise helps my muscles? - How do I try my best? - How do I warm up? Children will be able to: - Develop knowledge of how exercise can make you feel - Develop knowledge about how exercise can make you strong and healthy - Develop knowledge about how exercise relates to breathing - Develop understanding of how exercise helps the brain - Develop understanding of how exercise helps my muscles - Understand the importance of daily exercise Essential Vocabulary: run, jump, co-ordination, stamina, strength, agility, balance, communication, co-operation, support, kindness, perseverance, honesty, independence, determination, creativity, feedback	Pupils will know: - Can I throw a ball underarm with increasing accuracy? - What different ways can I practise my catching skills? - What is the correct technique for striking a ball from a tee? - How do I receive and return a ball efficiently? - What is the best technique for catching? - What is a good overarm technique and when do I use it? - What are the tactics and skills for stoolball? Children will be able to: - Control a ball using hands - Understand the correct technique for catching - Consolidate and practise throwing a ball underarm - Explore striking balls of different sizes using their hands and equipment - Throw and catch a ball to self and a partner - To know how to stop and retrieve a ball (a fielding skill) - Practise throwing to a target - Catch the ball with good technique - Play a game using striking and fielding skills - Know how to make contact with a ball using different bats or rackets - Know the tactics and skills to use in order to win a game Essential vocabulary: Batter, batting, bowl, bowler, fielder, fielding, hit, overarm, out, ready position, track, underarm <u>Athletics (Y1)</u> Pupils will know: - How do I throw towards a target? - How do I show balance and co-ordination when changing direction? - How do I throw overarm? - How do I recognise changes in my body when I do exercise? - How do I run at different speeds? - How do I work with others and make safe choices? - How do I try my best? - How do I know the difference between a jump, a leap and a hop, and choose which allows me to jump the furthest? Children will be able to: - Move at different speeds over varying distances - Develop balance - Develop changing direction quickly - Explore hopping, jumping and leaping for distance - Develop throwing for distance - Develop throwing for accuracy Essential Vocabulary: run, balance, agility, co-ordination, hop, jump, leap, throw, collaboration, perseverance, independence, honesty, determination, reflection <u>Striking and Fielding Games</u> Pupils will know: - How do I catch a beanbag and a medium-sized ball? - How do I hit a ball using my hand? - How do I roll a ball towards a target? - How do I track a ball that is coming towards me? - How do I score points? - How do I know the rules and use them honestly and fairly? Children will be able to: - Develop underarm throwing and catching - Develop overarm throwing - Develop hitting a ball - Develop collecting a ball - Learn how to get a batter out - Play games and understand how to score points

Key Stage 1 and 2 Coverage:

Year 1/2 Cycle B	Who Lives Here? / Maps, Moats and Mighty Castles	Wacky Weather / Spring Has Sprung	Back in Time for... / Down in the Jungle
Outcomes	Netball <i>Team Building (Y2) & Dance (Y2)</i>	Tennis <i>Net and Wall Games (Y2) & Fitness (Y2)</i>	Stoolball <i>Athletics (Y2) & Striking and Field Games (Y2)</i>
National Curriculum P of S	Pupils will know: - How do I reach a target by throwing and rolling? - Can I catch an object with increasing precision when passed to me? - Can I show balance and control when running, stopping and changing direction? - What are the simple tactics in Netball? Children will be able to: - Throw and roll towards a target using varying techniques with some success - Catch an object passed to them, with and without a bounce - Run, stop and change direction with balance and control - Move to space to help score goals or limit others scoring - Use simple tactics Essential vocabulary: Goalkeeper, possession, teammate, oppononet, tactic, send, defend, attack, receive, shoot <u>Team Building (Y2)</u> Pupils will know: - How do I follow instructions carefully? - How do I know when I am successful? - How do I share my ideas and help solve tasks? - How do I work co-operatively with a partner and a small group? - How do I show honesty and play fairly? - How do I use, follow and create a simple diagram/map? Children will be able to: - Follow instructions and work with others - Co-operate and communicate in a small group - Create a plan with a group to solve challenges - Communicate effectively and develop trust - Use teamwork skills to work as a group - Work with a group to copy and create a basic map Essential Vocabulary: balance, jump, run, co-ordination, communication, inclusion, trust, kindness, perseverance, confidence, determination, accepting, problem solving <u>Dance (Y2)</u> Pupils will know: - How do I provide feedback using key words? - How do I copy, remember, repeat and create dance phrases? - How does my body feel during exercise? - How do I show a character and idea through actions? - How do I use counts to stay in time with the music? - How do I work with a partner using mirroring and unison? - How do I perform? Children will be able to:	Pupils will know: - Can I develop the skill of hitting a dropped ball over a net? - Can I develop my underarm throw when passing a ball, over a net, to a partner? - How do we underarm rally with a partner, catching after one bounce? - Can I consistently move towards a ball using the ready position? Children will be able to: - Develop hitting a dropped ball over a net - Accurately underarm throw over a net to a partner - Explore underarm rallying with a partner catching after one bounce - Consistently use the ready position to move towards a ball Essential vocabulary: Against, defend, quickly, trap, receive, return <u>Net and Wall Games (Y2)</u> Pupils will know: - How do I defend space on the court using the ready position? - How do I describe how my body feels during exercise? - How do I hit a ball over the net and into the court area? - How do I throw accurately to a partner? - How do I use simple tactics to make it difficult for an opponent? - How do I score points and remember the score? - How do I show good sportsmanship when playing against an opponent? Children will be able to: - Use the ready position to defend space on court - Develop returning a ball with hands - Play against a partner - Develop racket skills and use them to return a ball - Develop returning a ball using a racket - Play against an opponent using a racket Essential Vocabulary: throw, catch, hit, track, co-operation, respect, perseverance, honesty, reflection <u>Fitness (Y2)</u> Pupils will know: - How do I recognise changes in my body when I exercise? - How do I show hopping and jumping movements with some balance and control? - How do I persevere with new challenges? - How do I show determination to continue working over a longer period of time? - How do I know that running at a slower speed will allow me	Pupils will know: - Can I throw a ball underarm with increasing accuracy? - What different ways can I practise my catching skills? - What is the correct technique for striking a ball from a tee? - How do I receive and return a ball efficiently? - What is the best technique for catching? - What is a good overarm technique and when do I use it? - What are the tactics and skills for stoolball? Children will be able to: - Know how to throw a ball underarm with accuracy - Practise catching skills - Know the correct technique for striking a ball from a tee - Receive and return a ball - Know the best technique for catching - Explore catching different balls - Know the overarm throw technique and when to use it - Aim for accurate throwing and consistent catching and striking - To know the tactics and skills to use in order to win a game Essential vocabulary: Backstop, collect runs, teammate, stump, tactics

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	- Remember, repeat and link actions to tell the story of my dance - Develop understanding of dynamics - Use counts of 8 to help stay in time with the music - Copy, remember and repeat actions using facial expression to show different characters - Explore pathways and levels - Remember and rehearse our circus dance showing expression and character Essential Vocabulary: actions, dynamics, space, relationships, respect, collaboration, communication, independence, confidence, perseverance, determination, feedback, reflection, observation, creativity	to run for a longer period of time? - How do I work with others to turn a rope and encourage others to jump at the right time? Children will be able to: - Learn how to run for a long time - Develop jumping in a long rope using timing - Develop co-ordination in individual skipping - Develop stamina and change of direction - Explore exercises to develop strength - Develop agility, balance and co-ordination Essential Vocabulary: run, jump, co-ordination, stamina, strength, agility, balance, communication, co-operation, support, kindness, perseverance, honesty, independence, determination, creativity, feedback	
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Year 3/4 Cycle A Outcomes	Raging Rivers / Rocks, Soils and Fossils	The Roman Empire / Volcanoes	Vikings (Life and Legend) / Good Vibrations
	Netball <i>Fundamentals & Dodgeball</i>	Tennis <i>Dance (Y3) & Gymnastics (Y3)</i>	Stoolball <i>Athletics (Y3) & Cricket</i>
	National Curriculum P of S Pupils will know: - What are the different throwing techniques used in netball games? - Can I catch a ball using one or two hands with increasing success? - Can I effectively change direction with increasing speed? - Can I show a good use of space in game situations? - Can I understand individual tactics and tactics with in a team to play an effective game? Children will be able to: - Use a variety of throwing techniques in game situations - Catch a ball passed to them using one and two hands with some success - Change direction with increasing speed in game situations - Use space with some success in game situations - Use simple tactics individually and within a team Essential vocabulary: Accurate, communicate, intercept, invasion, offside, tackle, opposition, pitch, court, receiver, referee, teamwork, tournament, control, umpire, onside, technique	Pupils will know: - What is the best method to hold the racket? How does it feel? - Can I improve my hand-eye coordination by sending and receiving a ball from hand to racket? - Can I drop and hit the ball? - What is the correct technique for holding the racket? - What collaborative games can we play to practise forehand and backhand strokes? Children will be able to: - Learn how the racket feels and the best methods of holding it - Improve hand-eye co-ordination by sending and receiving a ball with a hand and racket - Learn how to drop and hit the ball - Use the correct technique for holding the racket (forehand) - Learn how to play collaborative games, demonstrating forehand and backhand strokes Essential vocabulary: Backhand, competition, control, cooperation, court, face, forehand, opponent, tactic, rally, react, opposition	Pupils will know: - What techniques can be used for overarm and underarm throwing? - What are cushioned hands? How do we use them for catching? - What batting technique can we use for stoolball? - How can we effectively retrieve the ball? - How far can I hit the ball with the stoolball bat? - What fielding skills can I learn and use to stop the batter scoring? - What skills do I need to equip me to play a better game of stoolball? Children will be able to: - Know techniques for accurate overarm and underarm throwing - Throw accurately - Catch with cushioned hands - Know the batting technique for stoolball - Retrieve the ball effectively - Be able to hit the ball as far as possible with a stoolball bat - Use fielding skills to stop the batter scoring - Use skills learned in a game situation Essential vocabulary: Accuracy, caught out, grip, no ball, run out, short barrier, strike, tournament, technique, umpire, wicket

Year 3/4 Cycle B	Ancient Ancestors / Changing State		We're Sailing down the Nile / Opposites Attract	Born in the USA / Plants
	Netball <i>Hockey & Handball</i>		Tennis <i>Dance (Y4) & Gymnastics (Y4)</i>	Stoolball <i>Athletics (Y4) & Fitness</i>
	Outcomes		Pupils will know:	
National Curriculum P of S	Pupils will know: - What are the different throwing techniques I can use in a netball game? - How can I catch a ball with increased success using one or two hands? - How can I effectively change direction to lose an opponent? - Can I create space with increasing success in a netball game? - What are the simple tactics I have learnt and can use to help my team score or gain possession of the ball? Children will be able to: - Use a variety of throwing techniques with increasing success in game situations - Catch a ball passed to them using one and two hands with increasing success - Change direction to lose an opponent with some success - Create and use space with some success in game situations - Use simple tactics to help their team score or gain possession Essential vocabulary: Decision, limit, deny, pressure, delay, gain, protect, obstruct, option, cushion, opposing, momentum, supporting, accelerate		Pupils will know: - What is the backhand technique when playing tennis? - What are the correct body positions used when playing tennis? - How can I effectively practise a volley technique? - Can I score a tennis game? - How do I score a tennis game? - What shot can I play in order to beat a partner? - Can I use a variety of tennis shots, demonstrating the correct techniques to play a competent game of tennis? Children will be able to : - Practise backhand technique - Be aware of the correct body position and contact point for an accurate shot - Practise the volley technique - Play a competitive game with point scoring - Learn when to play the correct shot in order to beat a partner - Play a variety of tennis shots, demonstrating correct technique Essential vocabulary: Alternate, contact, extend, receiver, continuous, co-operative, deny, reflect, swing, compete	
			Pupils will know: - When do I use overarm throws over underarm throws? - What receiving skills have I learnt to help me to catch a ball effectively? - Can I field a ball in a variety of ways to stop it travelling further? - Can I strike a stationary ball? - How do I effectively field an approaching ball? - What is the correct technique for batting and how can I effectively use this in a game situation? Children will be able: - Practise underarm and overarm throws and when to use them - Practise receiving skills - Be able to field a ball in a variety of ways in order to stop it travelling further - Be able to return the ball accurately - Be able to catch the ball in a variety of situations - Consolidate and develop a range of skills in striking and fielding - Practise the correct technique for batting and use it in a game situation - Consolidate throwing and catching skills - Field an approaching ball - Strike a stationary ball Essential vocabulary: Decision, momentum, pressure, retrieve, limit, compete, cushion	

Year 5/6 Cycle A	We'll Meet Again (WWII) / Light	Heads Will Roll / Counties of the UK	Ancient Mayan Civilization / Rainforests and Sustainability
Outcomes	Netball <i>Fitness & Dodgeball</i>	Tennis <i>Dance (Y5) & Gymnastics (Y5)</i>	Stoolball <i>Athletics (Y5) & Cricket</i>
National Curriculum P of S	Pupils will know: - How can we use a variety of throwing techniques with control? - How can we catch and intercept a ball using one and two hands? - What techniques can we use to change direction successfully? - What techniques and tactics can we use in different situations in netball? Children will be able to: - Use a variety of throwing techniques with some control under increasing pressure - Catch and intercept a ball using one and two hands with some success in game situations - Use a variety of techniques to change direction to lose an opponent - Create and use space for self and others with some success - Understand the need for tactics and can identify when to use them in different situations Essential vocabulary: Angle, ball carrier, barrier, close down, create, dominant, drive, sportsmanship, maintain, situation, support, stance, rebound	Pupils will know: - What is the correct technique for forehand, backhand and volley? - How can I improve forehand accuracy? - What tactics can I use to beat an opponent? - Can I consolidate the backhand technique? - How do I use all strokes appropriately? - Can I accurately play shots on the move? Children will be able to: - Know the correct technique for forehand, backhand and volley - Improve forehand accuracy - Explore tactics for beating an opponent - Consolidate backhand technique - Use all strokes appropriately - Accurately play shots on the move - Run towards the net to play a volley (approach shot) - Play a game of singles tennis - Learn the correct techniques for an overhead serve - Practise all the shots needed to beat an opponent Essential vocabulary: Pressure, dominant, grip, serve, adjust, baseline, situation, readjust, release, option, cushion, create, technique, consecutive, communicate, sportsmanship, non-dominant, groundstroke	Pupils will know: - How do I hold the bat correctly and place the ball accurately? - What is the best type of fielding technique to use? - How can I develop my technique for overarm throwing? When is the best time to use it? - Can I score and play a game in a sporting manner? Children will be able to: - Hold the bat correctly and place the ball accurately - Return the ball accurately - Choose which type of fielding technique to use - Develop a technique for overarm throwing and know when to use it - To practise batting technique - To know how to direct the ball - Score and play a game in a sporting manner Essential vocabulary: Close catch, deep catch, long barrier, situation stance, backing up

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Year 5/6 Cycle B	Across the Universe / Frosty Relations	Toil and Trouble / Crime and Punishment	Friends And Heroes / The Final Year
Outcomes	Netball <i>Hockey & Handball</i>	Tennis <i>Dance (Y6) & Gymnastics (Y6)</i>	Stoolball <i>Athletics (Y6) & Volleyball</i>
National Curriculum P of S	Pupils will know: - How can we outwit an opponent? - How do I catch and intercept a ball using one or two hands with increasing success? - Can I confidently change direction to successfully outwit an opponent? - Can I work collaboratively to create tactics with my team and evaluate the effectiveness of these? Children will be able to: - Use a variety of throwing techniques including fake passes to outwit and opponent - Select and apply the appropriate kicking technique with control - Catch and intercept a ball using one and two hands with increasing success in game situations - Receive a ball with consideration to the next move - Confidently change direction to successfully outwit and opponent - Effectively create and use space for self and others to outwit an opponent - Work collaboratively to create tactics within their team and evaluate the effectiveness of these Essential vocabulary: Consecutive, ball side, consistently, dictate, turnover, contest, appropriate, transition, draw, abide, assess	Pupils will know: - What is the correct technique for forehand, backhand and volley? - What tactics can I learn to beat an opponent? - Can I accurately play shots on the move? - What are the techniques for an overhead serve? - What are the shots I need to practise to beat an opponent? Children will be able to: - Know the correct technique for forehand, backhand and volley - Improve forehand accuracy - Explore tactics for beating an opponent - Consolidate backhand technique - Use all strokes appropriately - Accurately play shots on the move - Run towards the net to play a volley (approach shot) - Play a game of singles tennis - Learn the correct techniques for an overhead serve - Practise all the shots needed to beat an opponent Essential vocabulary: Prepae, placement, stance, recover, direct, limit, opposing, service, appropriate, doubles, thrust, abide, footwork	Pupils will know: - How can I react quickly in a game of stoolball? - Can I demonstrate good agility and balance in order to throw accurately? - How do I play backstop in a game? - How can I assess and analyse others strengths in a game of stoolball? - Can I play and contribute to a game of stoolball, leading to a tournament, understanding the rules of the game? Children will be able to: - To know how to react quickly - To demonstrate good agility and balance in order to throw accurately - To practise batting technique - To know how to direct the ball - To know how to play as a backstop in a game - To assess and analyse others' strengths - To play in a mini tournament and understand the rules of the game Essential vocabulary: Abide, assess, consistently, consecutive, appropriate, collaborate

