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| **Week 12** | **Resource** | **Activity** |
| History | <https://www.bbc.co.uk/bitesize/articles/zvhtwnb> | Find out about the Vikings and their life in Britain.  This lesson includes:   * two videos about the Vikings * two activities to build knowledge and understanding |
| Music | <https://www.bbc.co.uk/bitesize/articles/zdsfxbk> | I can learn about what happens in our bodies when we sing, and why it makes us feel good.  This lesson includes:   * two videos about singing * three activities to try at home |
| Music | <https://www.bbc.co.uk/bitesize/articles/zrj4ydm> | I can learn about how texture can be used to make music more interesting and how pop songs are structured.  This lesson includes:   * Two videos * Two activities |
| Art | <https://www.bbc.co.uk/bitesize/articles/zrb6wnb> | I can learn about the basics of surrealism and how to use your imagination when creating a piece of artwork in this style.  This lesson includes:   * two videos exploring different paintings * two activities to try at home |
| PE | https://www.activesussex.org/virtual/ | Specsavers Virtual Sussex Games  Complete the 4 challenges for the week. Send me your scores before Friday so they can be uploaded onto the system. |
| Science | <https://www.bbc.co.uk/bitesize/articles/zdcgp4j> | **Learn about the circulatory system and why it is so important.**  **This guide includes:**   * two videos on the circulatory system and how it works. * three videos looking at the parts of the circulatory system individually. * two activities to build upon your knowledge of the circulatory system. |
| Geography | <https://www.bbc.co.uk/bitesize/articles/z6jqcmn> | I can learn about the Lake District, including where it is and what it is like.  This lesson includes:   * one short film on the Lake District * a collection of photographs of the Lake District and its nature * two activities to build your knowledge |