

Forest School Clothing List.

Forest school runs all year round, whatever the weather so ensuring you have the right kit is essential for you little ones.

To make the list easier to understand we have split our recommended clothing into the seasons: Summer, Winter & Spring/Autumn. We have combined the seasons Spring & Autumn as the weather is often similar, so the kit list is the same for both.

Summer	Spring/Autumn	Winter
Comfortable trousers - This could be jogging bottoms or leggings.	Comfortable trousers - This could be jogging bottoms or leggings.	Warm Trousers - Fleece or warm tracksuit bottoms Base layer – thermal leggings.
A T-shirt - This could be short sleeved however long sleeve is often better for protection against sunburn, scratches & bug bites.	A T-shirt - Long sleeve is best for Spring & Autumn.	Long Sleeve Top. Base Layers - Thermal vest, thermal long-sleeve top.
A Jumper - This is good to have just in case, preferably a light weight one that zips up (this makes it easier to get on an off)	A Jumper - This can vary, on colder days opt for a warm fleecy jumper, and warmer days pack a light fleece.	A Warm Jumper - A fleece or wool jumper
Socks - Wear thin cotton socks.	Socks - Wear thin cotton socks on the bottom with thick wool or bed socks on top. The top layer can depend on the weather.	Two Pairs of Socks - Wear thin cotton socks on the bottom with thick wool or thermal socks on top.
Wellies or Sturdy Shoes - Something you do not mind getting muddy, so definitely not sandals or flip flops.	Wellies or Sturdy Shoes - Something you do not mind getting muddy.	Wellies or Sturdy /Walking Boots - Something that has a thermal liner will help keep your little ones warm.
Unlined Waterproofs - For The wet summer days, having an unlined rain set will come in handy. (All in one or separate jacket and trousers).	Unlined waterproofs – This could be a puddle suit or separates. it is a good combination to have a light 100% waterproof jacket with unlined waterproof dungarees or trousers.	Winter Waterproofs – A fleece lined puddle suit or fleece lined two-piece rain set to wear over the layers listed above.
A Sun Hat - Make sure to get one that will stay on well.	Light Warm Jacket - A fleece zip up jacket is much easier for changing into if needed on colder days.	Hat, Scarf & Warm Gloves. We would also recommend waterproof mittens.
Water Bottle	Water Bottle.	Water Bottle.
Sun cream		



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Clothing List

  

Waterproof Jacket 	Warm Jumper 	Trousers or Jogging Bottoms 	All in one Waterproof 
Warm Socks 	Sensible Footwear 		