



William Penn Curriculum Map – P.E

	Autumn	Spring	Summer
Year R	Fantastic Fairytales	Amazing Animals	Helpful Heroes
Year 1/2 Cycle A	Me and My Community	Shiver and Sizzle	Oh I do like to be beside....
Year 1/2 Cycle B	Who Lives Here?	Spring has Sprung	Back in time for...
Year 3/4 Cycle A	Raging Rivers and Marvellous Mountains	The Roman Empire	Groovy Greeks
Year 3/4 Cycle B	Ancient Ancestors (Stone Age to Iron Age)	We're Sailing down the Nile (Ancient Egypt)	Our World
Year 5/6 Cycle A	We'll Meet Again (WWII links with Coolham airfield and Battle of Britain)	Rulers of the Rainforest (Ancient Mayan Civilization and rainforests)	Vikings (Life and Legend)
Year 5/6 Cycle B	Wonders of the Universe	Super Settlers (Anglo Saxons and Scots)	Friends And Heroes (Quakerism and Democracy) A local History Study

Early Years Foundation Stage Coverage:

Year R	Fantastic Fairytales	Amazing Animals	Helpful Heroes
Outcomes	Multiskills (Focus- Throwing + Catching) Boot Camp & Story Time Dance	Multiskills (Focus- Agility and Co-ordination) Skip to the Beat & Gymfit Circuits	Multiskills (Focus- Running, jumping and Balance) Cool Core (Strength) & Fitness Frenzy
EYFS Framework	<ul style="list-style-type: none"> •Experiments with different ways of moving. • Jumps off an object and lands appropriately. •Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. •Travels with confidence and skill around, under, over and through balancing and climbing equipment. •Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. 	<ul style="list-style-type: none"> •Experiments with different ways of moving. • Jumps off an object and lands appropriately. •Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. •Travels with confidence and skill around, under, over and through balancing and climbing equipment. •Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. 	<ul style="list-style-type: none"> •Experiments with different ways of moving. • Jumps off an object and lands appropriately. •Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. •Travels with confidence and skill around, under, over and through balancing and climbing equipment. •Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.

Key Stage 1 and 2 Coverage:

Year 1/2 Cycle A	Community Heroes	Shiver and sizzle	Oh I do like to be beside the ...
Outcomes	Multiskills (Focus- Throwing + Catching) Boot Camp & Ugly Bug Ball Dance	Team Games (Hockey & Football) Skip to the Beat & Gym Skills	Athletics & Cricket/Rounders Cool Core (Strength) & Fitness Frenzy
National Curriculum P of S	<p>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>participate in team games, developing simple tactics for attacking and defending</p> <p>perform dances using simple movement patterns.</p>	<p>participate in team games, developing simple tactics for attacking and defending</p> <p>participate in team games, developing simple tactics for attacking and defending</p>	<p>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>participate in team games, developing simple tactics for attacking and defending</p>
Year 1/2 Cycle B	Who Lives Here?	Spring has Sprung	Back in time for...
Outcomes	Multiskills Boot Camp & Mighty Movers	Team Games (Hockey & Football) Groovy Gymnastics & Brilliant Ball Skills	Athletics & Cricket/Rounders Active Athletics & Throwing and Catching
National Curriculum P of S	<p>perform dances using simple movement patterns.</p>	<p>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>participate in team games, developing simple tactics for attacking and defending</p>	<p>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>participate in team games, developing simple tactics for attacking and defending</p>

Year 3/4 Cycle A Outcomes	Raging Rivers and Marvellous Mountains	The Roman Empire	Groovy Greeks
	Tag Rugby & Netball	Team Games (Hockey & Football)	Athletics & Cricket/Rounders
	Multiskills & Dynamic Dance	Skip to the Beat & Gymfit Circuits	Fitness Frenzy & Throwing and Catching
National Curriculum P of S	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • take part in outdoor and adventurous activity challenges both individually and within a team • compare their performances with previous ones and demonstrate improvement to achieve their personal best 	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team • compare their performances with previous ones and demonstrate improvement to achieve their personal best 	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • take part in outdoor and adventurous activity challenges both individually and within a team • compare their performances with previous ones and demonstrate improvement to achieve their personal best

Year 3/4 Cycle B	Ancient Ancestors	We're Sailing Down the Nile	Our World
	Tag Rugby & Netball	Team Games (Hockey & Football)	Athletics & Cricket/Rounders
	Invaders & Mighty Movers (Boxercise)	Groovy Gymnastics & Cool Core (Pilates)	Nimble Nets & Striking and Fielding
National Curriculum P of S	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team • compare their performances with previous ones and demonstrate improvement to achieve their personal best 	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team • compare their performances with previous ones and demonstrate improvement to achieve their personal best 	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team • compare their performances with previous ones and demonstrate improvement to achieve their personal best

Year 5/6 Cycle A	We'll Meet Again		Rulers of the Rainforest		Vikings	
	Tag Rugby & Netball		Team Games (Hockey & Football)		Athletics & Cricket/Rounders	
Outcomes	Invaders & Dynamic Dance		Skip to the Beat & Gymfit Circuits		Fitness Frenzy & Striking and Fielding	
National Curriculum P of S	<ul style="list-style-type: none"> use running, jumping, throwing and catching in isolation and in combination play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] perform dances using a range of movement patterns take part in outdoor and adventurous activity challenges both individually and within a team compare their performances with previous ones and demonstrate improvement to achieve their personal best 		<ul style="list-style-type: none"> use running, jumping, throwing and catching in isolation and in combination play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] perform dances using a range of movement patterns take part in outdoor and adventurous activity challenges both individually and within a team compare their performances with previous ones and demonstrate improvement to achieve their personal best 		<ul style="list-style-type: none"> use running, jumping, throwing and catching in isolation and in combination play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] perform dances using a range of movement patterns take part in outdoor and adventurous activity challenges both individually and within a team compare their performances with previous ones and demonstrate improvement to achieve their personal best 	
Year 5/6 Cycle B	Wonders of the Universe		Super Settlers		Friends and Heroes	
	Tag Rugby & Netball		Team Games (Hockey & Football)		Athletics & Cricket/Rounders	
Outcomes	Invaders & Mighty Movers (Boxercise)		Gym Sequences & Cool Core (Pilates)		Nimble Nets & Fitness Frenzy	
National Curriculum P of S	<ul style="list-style-type: none"> use running, jumping, throwing and catching in isolation and in combination play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] perform dances using a range of movement patterns take part in outdoor and adventurous activity challenges both individually and within a team compare their performances with previous ones and demonstrate improvement to achieve their personal best 		<ul style="list-style-type: none"> develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] perform dances using a range of movement patterns compare their performances with previous ones and demonstrate improvement to achieve their personal best 		<ul style="list-style-type: none"> use running, jumping, throwing and catching in isolation and in combination play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] take part in outdoor and adventurous activity challenges both individually and within a team compare their performances with previous ones and demonstrate improvement to achieve their personal best 	
6						

Year A	Cadbury (Y1 scheme)	Fox (Y2 scheme)	Fry (Y3 scheme)	JBB (Y5 scheme)
Autumn 1	Multi-skills	Multi-skills	Tag Rugby	Tag Rugby
	Boot Camp	Boot Camp	Multi-skills	Invaders
Autumn 2	Multi-skills	Multi-skills	Netball	Netball
	Story Time Dance	Ugly Bug Ball Dance	Dynamic Dance	Dynamic Dance
Spring 1	Multi-skills	Hockey	Hockey	Hockey
	Skip to the Beat	Skip to the Beat	Skip to the Beat	Step to the Beat
Spring 2	Advanced Multi-skills	Football	Football	Football
	Gymfit Circuits	Gym Skills	Gymfit Circuits	Gymfit Circuits
Summer 1	Athletics	Athletics	Athletics	Athletics
	Cool Core (Strength)	Cool Core (Strength)	Fitness Frenzy	Fitness Frenzy
Summer 2	Cricket	Cricket/ Rounders	Cricket/ Rounders	Cricket/ Rounders
	Fitness Frenzy	Fitness Frenzy	Throwing and Catching	Striking and Fielding

Highlighted blocks to be taught by Mr Petros.

Year B	Cadbury (Y1 scheme)	Fox (Y2 scheme)	Fry (Y4 scheme)	JBB (Y6 scheme)
Autumn 1	Multi-skills	Multi-skills	Tag Rugby	Tag Rugby
	Boot Camp	Boot Camp	Invaders	Invaders
Autumn 2	Multi-skills	Multi-skills	Netball	Netball
	Mighty Movers	Mighty Movers	Mighty Movers (boxercise)	Mighty Movers (boxercise)
Spring 1	Multi-skills	Hockey	Hockey	Hockey
	Groovy Gymnastics	Groovy Gymnastics	Groovy Gymnastics	Gym Sequences
Spring 2	Advanced Multi-skills	Football	Football	Football
	Brilliant Ball Skills	Brilliant Ball Skills	Cool Core (Pilates)	Cool Core (Pilates)
Summer 1	Athletics	Athletics	Athletics	Athletics
	Active Athletics	Active Athletics	Nimble Nets	Nimble Nets
Summer 2	Cricket	Cricket/ Rounders	Cricket/ Rounders	Cricket/ Rounders
	Throwing and Catching	Throwing and Catching	Striking and Fielding	Fitness Frenzy

20/02/2023

20/02/2023